






# SILVER GROVE SCHOOLS – OCTOBER 2017 BREAKFAST MENU

Cheese Sandwich Offered Daily-----Menu is subject to change without prior notice

This institutions is and equal opportunity provider

Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	Cherry or Apple Frudel Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Mandarin Oranges Orange Juice, Milk Variety	Pillsbury Mini Waffles Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety	Scrambled Eggs Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast California Fruit Cocktail Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety	<b>NO SCHOOL</b> Professional Development For Staff
<b>2</b>		<b>NO SCHOOL</b> 	<b>FALL BREAK</b> 	<b>WEEK</b> 	
<b>3</b>	Cherry or Apple Frudel Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Mandarin Oranges Orange Juice, Milk Variety	Pillsbury Mini Pancakes Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety	Omelets with Cheese Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast California Fruit Cocktail Orange Juice, Milk Variety	Pillsbury Cinni Mini Whole Grain/ Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Peaches Orange Juice, Milk Variety
<b>4</b>	Pancake & Sausage Wrap Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast California Fruit Cocktail Orange Juice, Milk Variety	Cherry or Apple Frudel Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Mandarin Oranges Orange Juice, Milk Variety	Scrambled Eggs Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast California Fruit Cocktail Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety	Pillsbury Cinni Mini Whole Grain/ Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Peaches Orange Juice, Milk Variety
<b>5</b>	Cherry or Apple Frudel Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Mandarin Oranges Orange Juice, Milk Variety	Pillsbury Mini Pancakes Whole Grain/Reduced Sugar Cinnamon Toast Crunch or Fruit Loops Cereal Slice of Whole Grain Toast Diced Pears Orange Juice, Milk Variety			