






SILVER GROVE SCHOOLS – OCTOBER 2017 LUNCH MENU
 Cheese Sandwich Offered Daily-----Menu is subject to change without prior notice
 This institutions is and equal opportunity provider

Week	Monday	Tuesday	Wednesday	Thursday	Friday
1	Breaded Chicken Patty Whole Grain Bun Green Beans Seasoned Potato Wedges California Fruit Cocktail Ketchup, Mustard & Mayo Packs Milk Variety	Beef Taco Meat Shredded Cheddar Cheese Ultra Grain Soft Tortilla Chopped Romaine, Salsa Refried Beans or Black Beans Strawberry Cups, Sour Cream Milk Variety	Hot Dog on Whole Grain Bun Home-style Baked Beans Seasoned Potato Wedges Cooked Sliced Carrots Diced Peach Cups Heinz Ketchup & Mustard Ranch Dressing FF, Milk Variety	Salisbury Steak Brown Gravy Home-style Mashed Potatoes Green Beans Whole Grain Bun California Fruit Cocktail Promise Margarine, Milk Variety	NO SCHOOL Professional Development For Staff
2		NO SCHOOL 	FALL BREAK 	WEEK 	
3	Chicken Fajitas Shredded Cheddar Cheese Salsa with Tortilla Chips Ultra Grain Soft Tortilla Refried Beans/Black Beans Sour Cream 1oz. Cup Strawberry Cup, Milk Variety	Corn Dog on Stick Home-style Baked Beans Smile Shaped Potatoes Applesauce Cup or Peach Cups Heinz Ketchup & Mustard Packs Milk Variety	Tony's Stuffed Crust Pep Pizza Garlic Roll with Butter Whole Kernel Corn Cooked Sliced Carrots Strawberry Cups or Applesauce Milk Variety	Cheeseburger or Hamburger on Whole Grain Bun Seasoned Potato Wedges Green Beans, Heinz Ketchup, Mustard, Mayo, Ranch Dressing Applesauce, Milk Variety	Chicken Nuggets Home-style Mashed Potatoes Chicken Gravy, Whole Grain Dinner Roll, Broccoli and Cheese Sauce, California Fruit Cocktail Promise Margarine, Milk Variety
4	Ham or Turkey Sub Chopped Romaine Fresh Sliced Tomatoes Fresh Sliced Green Peppers Pickle Spears Petite Baby Carrots Heinz Ranch Dressing FF Diced Peach Cup, Milk Variety	Beef Taco Meat Shredded Cheddar Cheese Ultra Grain Soft Tortilla Chopped Romaine Tortilla Chips and Salsa Refried Beans/Black Beans Strawberry Cup Sour Cream 1oz Cup, Milk Variety	Hot Dog on Whole Grain Bun Home-style Baked Beans Smiley Shaped Potatoes Petite Baby Carrots Diced Pears Heinz Ketchup & Mustard Heinz Ranch Dressing FF Milk Variety	Breaded Chicken Patty on Whole Grain Bun Del Monte Green Beans Seasoned Potato Wedges Peach Cup Heinz Ketchup, Mustard and Mayo, Heinz Ranch Dressing FF Milk Variety	Tony's Stuffed Crust Pep Pizza Fresh Romaine Salad Blend Fresh Sliced Green Peppers Fresh Diced Tomatoes Cooked Sliced Carrots Heinz Ranch Dressing FF Pineapple Tidbits Milk Variety
5	Cheeseburger or Hamburger on Whole Grain Bun, Smiley Shaped Potatoes, Fresh Romaine Lettuce Fresh Sliced Tomatoes, Whole Kernel Corn, Heinz Condiments, Pickle Slices Peach Cups, Milk Variety	Corn Dog on Stick Home-style Baked Beans Smile Shaped Potatoes Applesauce Cup or Peach Cups Heinz Ketchup & Mustard Packs Milk Variety			