

# SILVER GROVE SCHOOLS – SEPTEMBER 2018 BREAKFAST MENU

Menu is subject to change without prior notice

This institutions is and equal opportunity provider

Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<b>NO SCHOOL</b>	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety	Pancake & Sausage Wrap Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Cherry, Apple Frudel or Cinni Mini Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Slice of Whole Grain Toast Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety
<b>2</b>	Cherry, Apple Frudel or Cinni Mini Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Slice of Whole Grain Toast Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety	Egg Omelets with Hash Browns Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pillsbury Mini Waffles Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety
<b>3</b>	Cherry, Apple Frudel or Cinni Mini Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Slice of Whole Grain Toast Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety	Pillsbury Mini Pancakes Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pillsbury French Toast Whole Grain/ Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety
<b>4</b>	Cherry, Apple Frudel or Cinni Mini Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Slice of Whole Grain Toast Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety	Pillsbury Mini Waffles Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pancake & Sausage Wrap Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal or Cereal Bar Fruit Cup Orange Juice, Milk Variety
<b>5</b>					