

SILVER GROVE SCHOOLS –JANUARY 2019 BREAKFAST MENU

Menu is subject to change without prior notice
This institutions is and equal opportunity provider

	Monday	Tuesday	Wednesday	Thursday	Friday
1	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	WINTER BREAK NO SCHOOL	Pillsbury Mini Waffles Sugar Free Syrup Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety
2	Cherry or Apple Frudels Cinni Minis Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety	Pancake & Sausage Wrap Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pillsbury French Toast Sticks Sugar Free Syrup Reduced Sugar Variety Cereal Bowl or Cereal Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety
3	Cherry or Apple Frudels Cinni Minis Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety	Egg Omelets and Hash Browns Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pillsbury Mini Pancakes Sugar Free Syrup Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety
4	NO SCHOOL	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety	Pillsbury French Toast Sticks Sugar Free Syrup Reduced Sugar Variety Cereal Bowl or Cereal Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pancake & Sausage Wrap Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Gravy on Whole Grain Biscuit Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety
5	Cherry or Apple Frudels Cinni Minis Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Sausage Biscuit – Whole Grain Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Fruit Cup Orange Juice, Milk Variety	Egg Omelets and Hash Browns Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	Pillsbury Mini Waffles Sugar Free Syrup Whole Grain/Reduced Sugar Variety Cereal Bowls or Bars Slice of Whole Grain Toast Fruit Cup Orange Juice, Milk Variety	